SMART MOM EDIT

Screen-Free Winter Break Activities

Activities kids ask for again, grouped by type. Circle your favorites for each week of break.

Make and build

[ ] Blanket fort and story time
[ ] Baking day
[ ] Craft table with paper, glue, and stickers
[ ] Build with blocks or cardboard boxes

Move and play

[ ] Outdoor walk or park time
[ ] Dance party
[ ] Obstacle course in the living room
[ ] Snow play or winter nature walk

Quiet and cozy

[ ] Puzzle or board game
[ ] Reading together
[ ] Drawing or journaling
[ ] Movie night with popcorn